What learning obstacles did you encounter today? What did you do to overcome it?

**Reflection Journal 7/11/2017**

The problems I encounter everyday play a key component in my own personal development and training as an individual. I usually focus my attention on the outcomes of the daily assessment and as a result, I tend to realise my own flaws after every new topic taught. I believe all the problems I have realised about myself today is regarding my consistency. Consistency involves the achievement of comparable outcomes. However, today I encountered a setback in the later period of the second learning phase where my teammates overtook me in terms of speed and adaptability. This also resulted in not having enough time to attempt the problem statement and exercise questions.

For example, any good learning process would be considered to deliver consistent results. However, I was only able to do that for question 2 and 4 and afterwards, I began to struggle. Thankfully, I knew that the key to the drive to achieve consistency is the requirement for confidence and to never give up. At that point, I began to work even harder while examining workings done by different classmates. Achieving consistency starts with understanding and I kept practicing and revising the concepts until I understood how to solve the other questions.

In conclusion, I can solve my problem of not performing consistently if I continue to work hard and revise which I will. I am also someone who takes more time to master concepts but when I am done I can perform very well.

Thank You and Have A Nice Day! :)